

# EMCOG Local Fresh Food Guide



This Fresh Food Guide has been created to help citizens locate the availability of fresh foods near them within the EMCOG region and promote healthy eating.

*It shows Farmer's Markets, Farm Stands, Food Festivals, Farms and U-pick Farms, Local and Organic Food Markets.*



Eating local will not only aid in sustaining agriculture but also promote economic development in our communities resulting in a healthy, environment friendly and equitable future.



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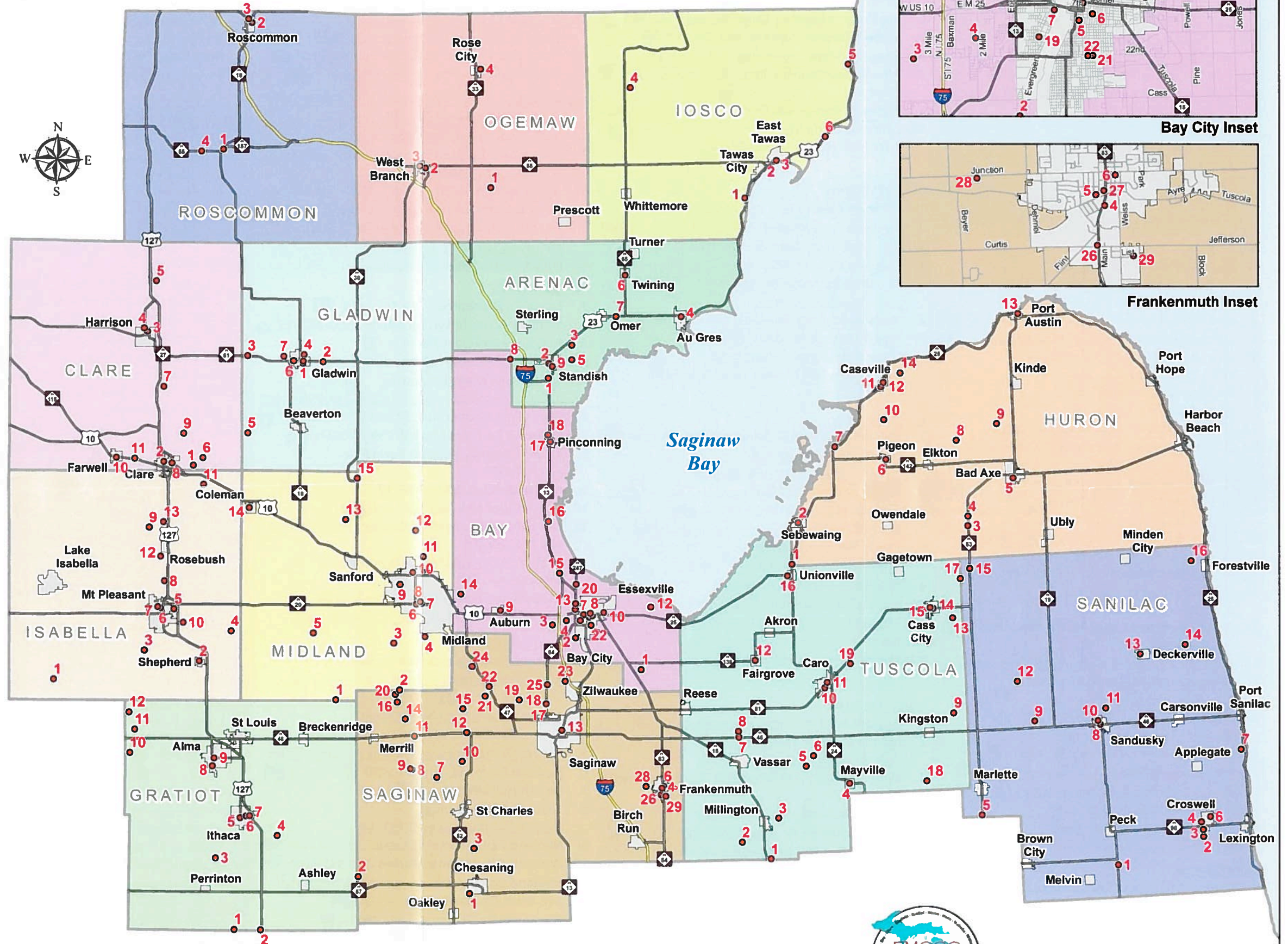


MICHIGAN STATE UNIVERSITY | Extension

Committed to the future of rural communities.

*This Fresh Food Guide has been developed as a part of the EMCOG Regional Food Systems Assessment and Plan document. This brochure is a work in progress and depicts locations collected through various online sources and the Advisory Committee during 2012. Please contact for reporting updates.*

## EMCOG Local Fresh Food Guide



**Legend**  
 ● Fresh Food Locations

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