

## Elva Wahlstrom's Oatmeal Muffins

1 cup quick oatmeal, uncooked  
1 cup buttermilk or sour milk  
1 tsp baking powder  
½ cup brown sugar  
1 cup flour  
½ tsp salt  
1 egg  
½ tsp soda  
½ cup melted shortening

Pour buttermilk over oatmeal in a large bowl and allow to stand 5 minutes or so. Add egg and beat well. Add sugar and mix. Add cooled shortening. Combine dry ingredients and add, stirring gently only until all dry mixture is moistened. Fill muffin cups 2/3 full. Bake at 400 degrees 15 to 20 minutes. Yield 12 muffins.