

Elva Wahlstrom's Apple Muffins

2 cups flour
¼ cup sugar
½ tsp salt
4 tsp baking powder
½ tsp cinnamon
1 egg well beaten
1 cup milk
¼ cup shortening, melted and cooled
1 cup chopped apples
¼ cup sugar

Sift dry ingredients into bowl. Blend in egg, milk and cooled shortening. Stir just enough to mix ingredients. Carefully fold in 1 cup apples, sweetened with ¼ cup sugar. Pour into greased muffin tins, filling each 2/3 full. Bake 20 to 25 minutes at 400 degrees. Serve hot. Yields 12 muffins.