

Eggnog French Toast

4 eggs

½ cup eggnog, regular or low-fat

1 Tbsp sugar

1 ½ tsp maple syrup

½ tsp cinnamon

¼ tsp nutmeg

1/8 tsp cloves

1/8 tsp salt

6 slices thick Texas toast

Whisk together all ingredients. Saturate bread in egg mixture, turning once. Heat skillet with a little cooking oil. Cook bread, turning once until golden brown. Sprinkle with powdered sugar. Enjoy with butter and syrup.